

# **Aquatics Events**

50, 100, 200 and 400 meter freestyle

50, 100 and 200 meter backstroke

50 and 100 meter breaststroke

50 and 100 meter butterfly

100 meter individual medley

4 x 25 and 4 x 50 freestyle relay

4 x 25 unified relay

The following provide meaningful competition for athletes with lower ability levels:

25 meter freestyle

25 meter breaststroke

25 meter backstroke

25 meter butterfly

15 meter walk

15 and 25 meter flotation

15 meter assisted swim

15 meter freestyle